

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com



St Brigid's Parish

Westwood Road, Newmains
Tel:01698-296550
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Clergy: Fr Stephen Rooney
Fr Eamonn Sweeney(Retired)

Pastoral Assistant: Sister Maria Goretti O.S.F
(07518390819)

Parish Centre Enquiries: Pat Cahill (01698-292421)

Seventh Sunday of the Year C

19th/20th February 2022

RESPONSE TO THE PSALM

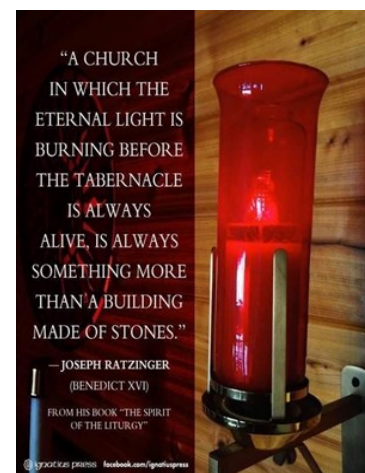
The Lord is compassion and love

This week:

Sunday Mass @11am
Monday Mass @ 10am
Tuesday Mass @10am
Wednesday Mass@_10am
Thursday Mass @10am
Friday Mass @10am
Saturday Vigil Mass @5.30pm

All Masses are livestreamed providing there are no technical problems

Scottish Charities Office
Number SCO11041



Sunday Collections:
£1,015.00
Thankyou for your support for our parish

Readings for next Sunday
Eighth Sunday of the Year
Ecclesiasticus 27:4-7
1 Corinthians 15:54-58
Luke 6:39-45

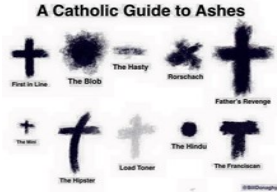
PLEASE REMEMBER IN YOUR PRAYERS:
The Sick: Joe Smith;
Recently Dead: and all who have died due to the virus
Months Mind: Liz Kelly; George Tweedlie; John, Joe & Betty Calderhead; Nancy Hinds; Joe Hunstone; Angelina Corrigan; Hughie, Tommy & Marie Brown; Alex, Ina & David Gracie; Brown, McCann & Gracie Families; James & Helen Hynds;
Anniversary: John Cahill; Ann Theresa Murphy; Agnes McGurk; Peter McKenna; Rose McKenna; Daniel McKenna; Catherine McKendrick; David McKendrick(Snr) & (Jnr); Mary Sherry; Nora Brown; Chrissie Uri

300 CLUB
6/2/22
£100 No 23 Margaret Devine
£25 No 101 Sister Moira

FEASTS THIS WEEK
Mon 21st St Peter Damian
Tues 22nd Chair of St Peter
Wed 23rd St Polycarp

WISHAW HOSPITAL
Anyone in hospital and needs the Sacrament of the Sick, The Chaplain can be contacted through the Hospital on 01698 361100 or Assistant Chaplain, Deacon Henry McKenna

Celebration of the Sacraments
The Young People of Primary 3 will celebrate the Sacrament of Reconciliation on Tuesday 15th March in the Church at 7pm.
Please keep them in your prayers.

Holy Season of Lent
Ash Wednesday is
Wednesday 2nd March 2022
A day of fast and abstinence.

Mass times: 10am & 7pm

May all that is you flow into me.
May your body and blood be my food and drink.
May your passion and death be my strength and life.
With you by my side, enough has been given me.
May the shelter I seek be the shadow of your cross.
Let me not run from the love which you offer,
but hold me safe from the forces of evil.
On each of my dyings shed your light and your love.
Keep calling to me until that day comes
when, with your saints,
I may praise you for ever. Amen.
Based on the Anima Christi by David Fleming SJ

Please hand in any Mass Intentions into the Presbytery NO Later than a Wednesday 6pm. Please put through letterbox.

Holy Michael, the Archangel defend us in the day of battle.
Be our safeguard against the wickedness and snares of the Devil. May God rebuke him we humbly pray and do thou O Prince of the Heavenly Host by the power of God thrust down into hell, Satan and all the other wicked spirits who wander through the world seeking the ruin of souls.
Amen.

"A little Care, gets you there."
For sometime, I have noticed that some drivers are passing through the Church grounds at quite a rate.
In saying that, it seems to be visitors to the parish centre. If, you know anyone visiting, please ask them to drive with caution and slower.
Anyone using the car park, please be aware of other drivers or pedestrians when entering the drive way.
Thank you
Fr Stephen

Lent with Ignatius
Online Lenten Retreat see iscglasgow.co.uk for more information and other courses.
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Online Lenten Retreats  
[praymoreretreat.org](http://praymoreretreat.org)